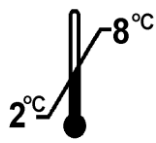
Arachidonic Acid Reagent

REF **HB-5505-FG (1x1ml)**
HB-5506-FG (2x1ml)

Guide to Symbols

Consult accompanying documents
Voir documents cijoints
Siehe beigefügte, Dokumente
Véanse los documentos djuntos
Vedi documenti allegati

For *in vitro* diagnostic use
Pour usage diagnostique *in-vitro*
in-vitro diagnostikum
Para uso diagnóstico *in-vitro*
Per uso diagnostico *in-vitro*



Store at 2-8°C
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Lagern bei 2-8°C
Conservar a 2-8°C
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Use By
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Arachidonic Acid Reagent

INTENDED PURPOSE GB Handling Instructions

Hart Biologicals Arachidonic Acid Reagent is used to diagnose platelet dysfunction, or normal platelet activity in human platelet rich plasma or whole blood.

SUMMARY
Arachidonic acid is a fatty acid present in the granules and membranes of human platelets. It is liberated from phospholipids and, in the presence of the enzyme cyclo-oxygenase 1 (COX-1), incorporates oxygen to form the endoperoxide prostaglandin G_2 (PGG_2). PGG_2 is then quickly transformed to prostaglandin H_2 (PGH_2) which in turn is converted to thromboxane A_2 a potent inducer of platelet aggregation[1,2]. In vitro addition of arachidonic acid to normal platelet rich plasma results in a burst of oxygen consumption, thromboxane formation and platelet aggregation. Ingestion of aspirin or aspirin-containing compounds inhibits COX-1 mediated oxygen consumption, thus precluding all subsequent events leading to platelet aggregation[3].

TEST PRINCIPLE
The platelet aggregation test measures the rate and degree to which dispersed platelets in a sample of platelet rich plasma (PRP) or anticoagulated whole blood forms clumps (aggregates) after the addition of a substance that normally stimulates platelet aggregation (agonist). In optical aggregometry, the clumping of the platelets causes the platelet rich plasma to become less turbid . This is measured on a platelet aggregometer, which plots the rate and maximum extent of the aggregation reaction. In whole blood aggregometry, platelets adhere to small wires suspended in the blood sample and the impedance between the wires as the platelets adhere and aggregate is measured and plotted.

WARNINGS AND PRECAUTIONS
For *in-vitro* diagnostic use only.
Do not pipette by mouth. Do not smoke, eat or drink in areas where specimens or kit reagents are handled.
Wear disposable gloves when handling specimens and kit reagents, and wash hands thoroughly afterwards.

MATERIALS PROVIDED
Arachidonic Acid Reagent
Ingredients: The reagent contains a lyophilised preparation of 5mg/ml Arachidonic Acid with added buffer and stabilisers.
Preparation for use: Reconstitute each vial of Arachidonic Acid reagent with 1.0ml of distilled or deionised water as indicated on the vial label. Allow to stand for 10 minutes and mix well before use.
Storage and stability: The lyophilised product should be stored at 2…8°C and is stable until the expiry date printed on the vial label. After reconstitution, the product is stable for 8 hours at room temperature (20…25°C) , 2 weeks at 2..8°C or 4 weeks at -20°C.

MATERIALS REQUIRED BUT NOT PROVIDED
Platelet aggregometry system – the Hart Biologicals Arachidonic Acid Reagent will perform satisfactorily when used on any aggregometer system. Follow the manufacturer's instructions for the operation of the aggregometer in use.
Purified water.
Pipette for 1.0ml

SAMPLE COLLECTION AND PREPARATION[4]
Preparation of Platelet-Rich and Platelet- Poor Plasma for Optical Aggregation
Blood for platelet aggregation testing should be collected in to plastic syringes and transferred to plastic tubes, or collected in siliconised glass evacuated blood collection tubes.
Blood (9 parts) should be mixed with 0.11M or 0.13M sodium citrate anticoagulant (1 part). Invert gently to mix. Do not shake.

- Prepare platelet rich plasma by centrifuging the anticoagulated blood at 150-200 x g for 10-15 minutes at room temperature.
- Remove the platelet rich plasma with a plastic transfer pipette and place in a plastic container (with cap) labelled 'PRP'. Cap the container and keep at room temperature.
- Prepare platelet poor plasma by centrifuging the remaining blood specimen at 2000 x g for 20 minutes.
- Remove the platelet poor plasma with a plastic transfer pipette and place in a plastic container (with cap) labelled 'PPP'. Cap the container and keep at room temperature.
- Adjust the platelet concentration in the PRP to 200-300x10^9/L using PPP, cap and allow to stand at room temperature for 30 minutes prior to testing.
- Testing should be completed within 3 hours of blood collection.

Whole Blood Aggregation Samples
Refer to the aggregometer manufacturer recommendations for the preparation of samples for whole blood aggregometry.

TEST PROCEDURE

A) Optical Aggregometry

1. Set the 0% and 100% aggregation levels on the aggregometer using platelet poor plasma and platelet rich plasma according to the manufacturer's instructions.
2. Pipette the required volume of platelet rich plasma in to an aggregation cuvette and add a stir bar.
3. Pre-warm to 37°C for 120 seconds.
4. Add the required volume of Arachidonic Acid directly in to the cuvette. Do not allow reagent to run down the wall of the cuvette.
5. Allow the aggregation pattern to form for a minimum of 5 minutes.

B) Whole Blood Aggregometry
Refer to the manufacturer's instructions for the correct performance of the test.

QUALITY CONTROL
The results of platelet aggregation studies should be interpreted against the results of aggregation profiles of a normal sample tested at the same time. The normal donor should not have ingested aspirin or aspirin containing compounds in the preceding 10 days and should not be on any other form of anti-platelet medication.

EXPECTED VALUES [5,6]
The normal ranges for platelet aggregation response to Arachidonic Acid reagent should be performed by each individual laboratory.
Arachidonic Acid induces TxA2 and granule release to give a single strong wave of aggregation in normal individuals and in situations where there is a defect in the binding of agonist binding to the surface membrane or of the phospholipase-induced release of endogenous arachidonate. With the absence or inhibition of cyclo-oxygenase (eg. Aspirin ingestion), the aggregation response to arachidonic acid will be impaired. The expected response to Arachodonic Acid the most commonly encountered defects are listed below:

Condition	**Arachidonic Acid Aggregation**
Thrombasthenia	Absent
Bernard-Soulier syndrome	Normal
Storage Pool defect (δ)	Absent or Primary wave only
Cyclo-oxygenase deficiency	Reduced
Thromboxane synthetase deficiency	Reduced or Absent
Aspirin ingestion	Reduced or Absent
Ehlers-Danlos syndrome	Normal
Von Willebrand disease	Normal

FURTHER TESTING
If the test results are abnormal, the test should be repeated on a separate occasion. If the results are consistently abnormal, and the patient is not taking any medication known to interfere with platelet function, additional tests should be considered [7].

LIMITATIONS
In optical aggregometry, the presence of red blood cells in the PRP will cause the total observed aggregation to be reduced. The presence of platelets in the PPP will cause the total observed aggregation to appear increased.
Spurious results can be observed when the total platelet count of the PRP is less than 75 x 109/L.
PRP tested less than 30 minutes after preparation may exhibit abnormal aggregation profiles.

Bibliography

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